

# Annual Report 2022-23

"Empowering Elders, Enriching  
Communities – A Year of Impact and  
Care"



# From the Director

As we move forward in our journey towards sustainable development, the Elders for Elders Foundation continues to stand as a pillar of support for the elderly and marginalized communities. We have expanded our interventions, ensuring access to healthcare, livelihood support, and social protection. Our Community-Based Geriatric Palliative Care program continues to thrive, empowering the elderly to support one another with dignity and compassion.

We have reinforced our partnerships with stakeholders, ensuring that our programs align with national development priorities and bring meaningful change at the grassroots level.

We extend our heartfelt gratitude to our donors, partners, and community members for their unwavering support. Your contributions have been instrumental in our journey, and together, we will continue to create a future where the elderly live with dignity, security, and joy.



**Elango Rajarathinam**

Director

# About us

The Elders for Elders Foundation (EFEF) is a registered non-profit voluntary organization committed to the holistic development and rights protection of the elderly and marginalized communities. Through sustainable and comprehensive interventions in elderly care, healthcare, livelihood, education, and infrastructure development, EFEF provides innovative solutions to address complex and deeply rooted societal challenges.

## Our Vision

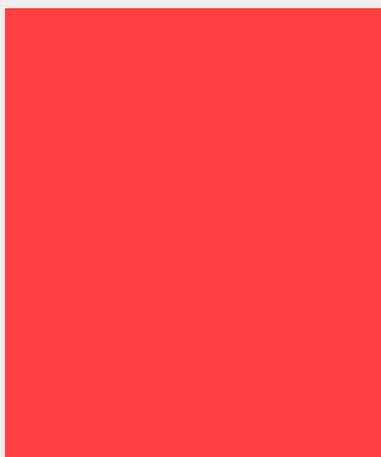
To establish Vibrant Elders for Elders Movement for their dignity and self-reliance with 25000 elders in 2500 ESHGs across 250 villages in India.

## Our Mission

Mobilizing elders into their collectives (and higher order federations) and offering comprehensive/integrated care (by tapping own resources, rights entitlements and other resources).

## Our Values

1. Sensitivity
2. Integrity
3. Democracy
4. Transparency
5. Recognition, Respect and Faith



# Elders for Elders Foundation

FY 2022-23 in Numbers



1,26,85,732

Total Fund Received



1,29,14,025

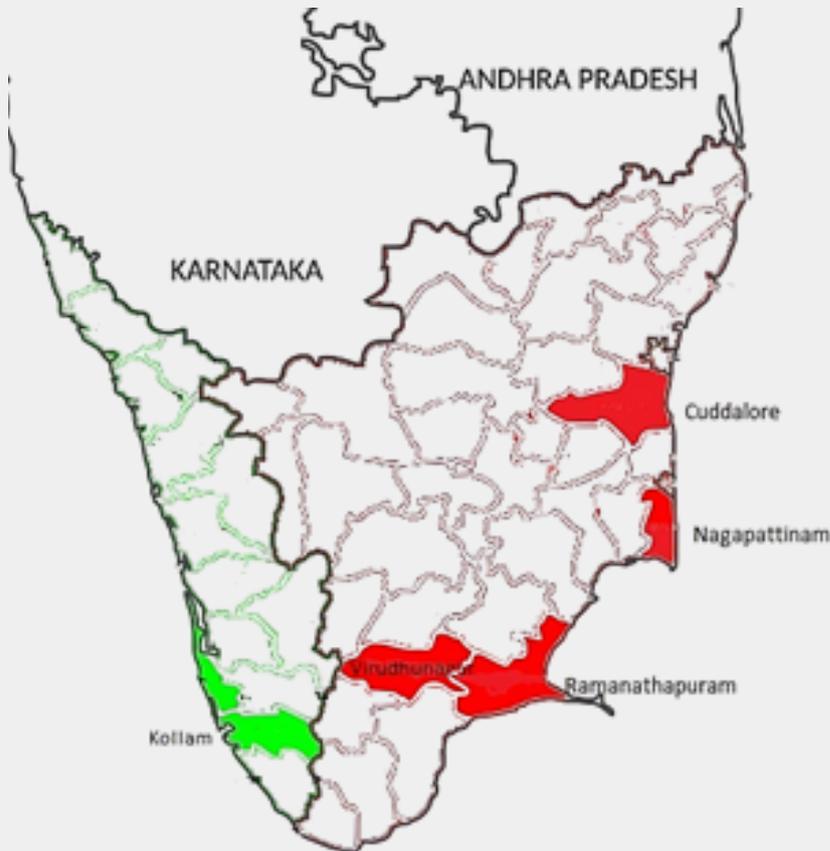
Total Fund Disbursed



5

Total Number of Donors

## Our Footprint



2

States

6

Districts

9

Blocks



Elders Self Help  
Groups

**332**

Village Level  
Fedarations

**32**

Cluster  
Federations

**4**

## Project Alambana

Project Alambana, implemented in **Mandapam Block, Ramanathapuram District, Tamil Nadu**, is a comprehensive initiative aimed at enhancing the social, financial, and health inclusion of the **4700 plus** elderly. The project is designed to empower the elderly through Elder Self-Help Groups (ESHGs) and federations at the village and cluster levels. It focuses on providing holistic support to improve the quality of life of the elderly while fostering community-driven solutions.

### Key Activities

#### Elders Community Resource Persons (ECRP) Training

Two batches of Elders Community Resource Persons (ECRP) training were conducted in September-October 2022 to equip elderly participants with essential skills in social mapping, identifying vulnerabilities, elderly issues, and the formation and management of Elder Self-Help Groups (ESHGs). The first batch (24th - 27th September 2022) trained 150 elders, while the second batch (29th September - 3rd October 2022) trained 58 elders on similar topics. The sessions were led by Dr. M.P. Boraian (Retd. Professor, Gandhigram University) and Mr. Krishnakumar (Asst. Project Officer, TNSRLM).

## Advanced Palliative Care Training & Exposure Visit

A two-day Advanced Palliative Care Training was organized in October 2022 in collaboration with **Pallium India**, Thiruvananthapuram, covering essential topics such as roles and responsibilities of caregivers and volunteers, communication in palliative care, psychosocial support, home care and basic nursing care, end-of-life care, grief, and bereavement, with **18 Village Volunteers and 32 Village Organization (VO)** members participating. Additionally, a Palliative Care Exposure Visit was conducted at Pallium India from 14th - 18th November 2022, where four batches of participants underwent a two-day training. On Day 1, they observed home care visits and interacted with healthcare teams, while Day 2 focused on a review session to discuss key observations and learnings.

## Accredited Clinic

Accredited Clinic initiative under Project Alambana aims to provide continuous and accessible healthcare to elderly individuals in rural communities. These clinics served as primary healthcare centres within villages, offering essential medical consultations, screenings, and treatments.

## Multi-Speciality Health Camps

1540 elders benefited from medical camps in collaboration with Meenakshi Mission Hospital & Malar Hospital.

Elderly benefitted under  
Accredited clinic

**2294**



Madurai-Rameswaram Rd, Tamil Nadu 623536, India



Elderly  
supported with  
Sidha camp

**1077**

Elders regained  
mobility through  
Physio camp

**129**

# Community Based Geriatric Palliative care

Geriatric Palliative Care Project implemented by the Elders for Elders Foundation (EFEF) in Cuddalore is a community-based initiative aimed at providing comprehensive healthcare, pain management, and emotional support to bedridden and chronically ill elderly. The initiative operates through two sub-centers in **Nanamedu and Singarathoppu villages**, which are managed by the Village Level Federations (VLFs), ensuring localized and sustainable palliative care support.



01

## Home care

92 persons received home care health services through team of Doctor, Nurse and Volunteer

02

## Primary health care

2052 treatments provided through sub centres

03

## Referral

36 person referred for the speciality treatments to the District Hospital and Medical College Hospitals

# Training cum Immersion Programme focusing on elderly inclusion

National Rural Livelihood Mission (NRLM), in collaboration with HelpAge India and the Elders for Elders Foundation (EfEf), conducted a six-day Training cum Immersion Programme focusing on elderly inclusion in rural livelihoods. The program was designed to equip NRLM mission staff with the necessary skills to integrate elderly-focused interventions within rural development programs. Participants from various states, including Meghalaya, attended the training, gaining hands-on exposure to Elder Self-Help Groups (ESHGs), livelihood models, health inclusion, and palliative care support for elders

## FIRST BATCH

- 4th - 7th October 2022
- 7 participants

## SECOND BATCH

- 26th - 31st October 2022
- 24 participants



# Development Partnership with ONGC: *A Collaborative Journey*

Our strategic partnership with Oil and Natural Gas Corporation (ONGC), Karaikal, commenced in April 2021 under its Corporate Social Responsibility (CSR) initiatives, with a focus on sustainable community development. Over the years 2022 and 2023, Elders for Elders Foundation (EFEF) has worked alongside ONGC to implement impactful interventions across multiple sectors, including Healthcare, Education, Water and Sanitation, Disaster Management, and Infrastructure Development in selected villages identified by ONGC.

During the fiscal year 2022-23, EFEF successfully executed the following initiatives under ONGC's CSR framework, contributing to long-term community resilience and well-being.



## Health Care

- General Health and eye screening camp



## Educational Support & Skill Development

- School Infrastructure Development
- English Proficiency Training:



## Infrastructure Development

- Installation of High Mast Lights
- Construction of Ration Shed



## Disaster Response & Relief

- Flood relief support



## Water & Sanitation

- Construction of a common toilet facility



## General Health and Eye Screening Camp

Elders for Elders Foundation (EFEF) organised a series of General Health and Eye Screening Camps across multiple locations, delivering comprehensive healthcare services to the community. These camps focused on preventive, curative, and promotive care, providing primary healthcare, diagnostic screenings, preventive check-ups, and essential medications free of cost, ensuring accessible and quality medical support for underserved populations.

**10**

Medical Camps

**3455**

Beneficiaries

Meenatchi Hospital (Thanjavur), Agarwal Hospital (Thanjavur), and Meenatchi Mission Hospital (Madurai) provided essential support for health check-ups and eye screening as part of the community healthcare initiatives. These hospitals deployed dedicated teams of doctors, nurses, and technicians, ensuring comprehensive medical assessments, early diagnosis, and improved access to quality healthcare for underserved populations.



**1456**

Received free spectacles

**121**

Received walking sticks

## Educational Support & Skill Development

EFEF remains committed to improving educational infrastructure and ensuring a conducive learning environment for students in underserved communities.

### School Infrastructure Enhancement

- ✦ Reconstruction and renovation of the Panchayat Union Middle School in Kalloorani, Ramanathapuram, including new flooring, painting, and electricity upgrades, creating a modern and safe learning environment.

- ✦ Distribution of school furniture to Panchayat Union School, Palayapalayam, Mayiladuthurai, enhancing classroom conditions and improving the overall learning experience for students.

These initiatives have significantly upgraded school facilities, ensuring that children study in a well-equipped, safe, and comfortable environment.



### English Proficiency Training:

The Standardized Test of English Proficiency (STEP) program, supported by The Hindu Group, was conducted for students of Thiru. Ve. Ka Arts College, Thiruvarur, focusing on reading, writing, speaking, and listening skills.

## Infrastructure Development



### High mast light

High mast lights were installed in Thirupullani and Regunathapuram (Ramanathapuram district) at bus stops and marketplaces, improving safety and security in public spaces.

### Construction of Ration Shed

A ration shed was built in Thercku Vaniveethi, Ramanathapuram, to store essential food supplies securely, preventing contamination and ensuring food security.

## Disaster Response & Relief

Flood relief support was provided in Palayapalayam, Puliyanthurai, and Rathanallur villages (Kollidam block, Mayiladuthurai) following heavy rains in October 2022.

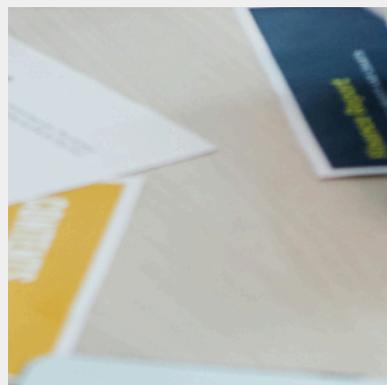
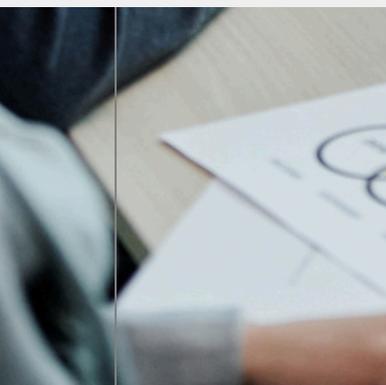
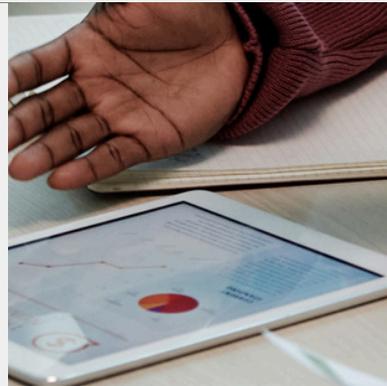
✦ 4150 bags of rice (5 kg each) were distributed to affected families in a systematic and organized manner.



## Baseline Study

**Elders for Elders Foundation (EfEF)**, in collaboration with **Ramco Cements**, conducted a baseline study to assess the socio-economic conditions, challenges, and needs of communities in **Thammanaikenpatti and Thulukkapatti panchayats in Virudhunagar**, Tamil Nadu. The study aimed to identify key intervention areas for Ramco's Corporate Social Responsibility (CSR) initiatives and strengthen the corporate-community relationship.

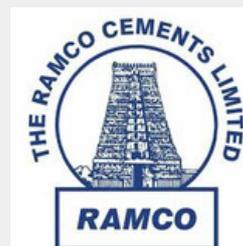
**Dr.M.P. Boraian,**  
Rtd.Professor  
from  
Gandhigram  
University  
undertook the  
study



## With Gratitude

Reflecting on 2022-23, we are filled with gratitude for the unwavering support of our generous friends, partners, and well-wishers who have been instrumental in every milestone we achieved. Your commitment has made our mission possible, turning aspirations into tangible impact. We extend our heartfelt thanks to our community for standing with us, enabling our work, and strengthening our cause. As we step into 2023-24, we do so with renewed optimism and determination, inspired by the collective effort that continues to drive meaningful change.

## Our Donors



## Our Partners

1. Cuddalore Muthiyor Nala Iyyakkam (CMNI)
2. Sudar Oli Muthiyor Nala Iyykkam (SOMNI)
3. Vedharanyam Muthiyor Nala Iyykkam (VMNI)
4. Kerala Punarjani Vayojana Samiti (KPVY)
5. Virudhunagar Elders Care Movement (VEDA)

# Financials

**ELDERS FOR ELDERS FOUNDATION  
TAMARAikulAM ELDERS VILLAGE,  
PERIYAKANGANANKUPPAM, SUBA UPPALAVADI, CUDDALORE - 2.  
BALANCE SHEET AS ON 31.03.2023**

LIABILITIES		ASSETS	Rs.
<b>TEES CAPITAL A/c.</b>		<b>FIXED ASSETS:</b>	72070.64
ees Contribution	1000.00	<b>INVESTMENTS</b>	
		Shares & Securities	0.00
<b>RESERVES AND SURPLUS:</b>		<b>CURRENT ASSETS</b>	
Reserve Account	6500.00	<b>LOANS AND ADVANCES:</b>	
<b>SECURED LOAN:</b>		Cash on Hand	0.00
ies & Borrowings	234727.00	Cash at Bank :	708651.79
		<b>Fixed Deposit</b>	
<b>UNCURRENT LIABILITIES</b>		Karur Vysya Bank	43,13,827.00
<b>PROVISIONS:</b>		Karur Vysya Bank	300000.00
ers Share Advant	10911300.00	TDS Receivables	24150.00
		OtherAssets (old)	2649205.00
		Loans and Advances	1613779.66
		Deposit	26000.00
		<b>Other Current Assets:</b>	
		<b>PROFIT AND LOSS ACCOUNT:</b>	
		Opening Balance (dr)	1462435.20
		less: Current Year profit(cr)	16598.33
			1445836.87
	<b>11153527.00</b>		<b>11153527.00</b>



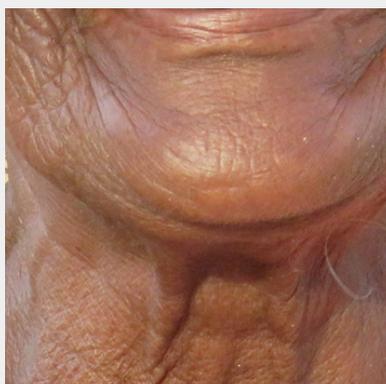
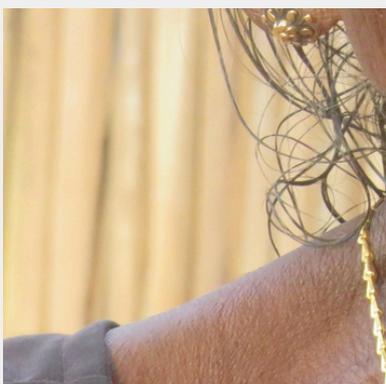
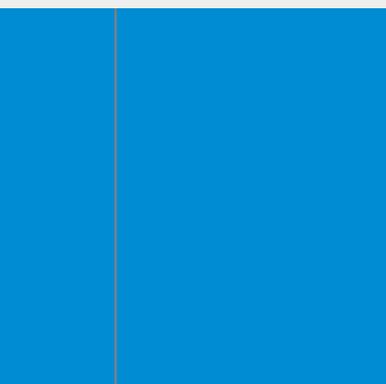
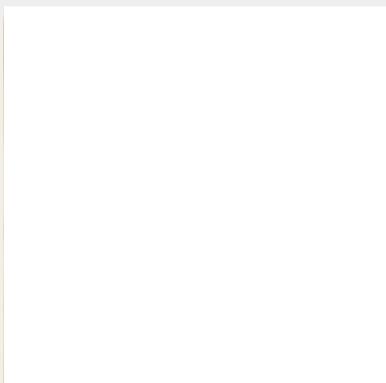
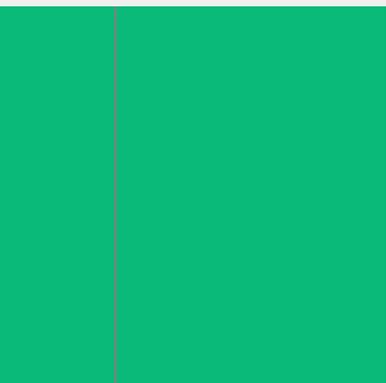
  
**S. PREMCHAND, M.Com., FCA.,**  
**CHARTERED ACCOUNTANT,**  
**M. No. : 024932**  
**No: 2, Chinnavanier Street,**  
**Thiruppapuliur, Cuddalore-607002.**

**TAMARAikulAM ELDERS VILLAGE,  
PERIYAKANGANANKUPPAM, SUBA UPPALAVADI, CUDDALORE - 2.  
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.2023**

EXPENDITURE		Rs.		INCOME	Rs.
SALARY AND PERQUISITES:	I	2,29,575.00	By	PROJECT INCOME	1,26,85,732.00
PROJECT EXPENSES	II	1,23,06,937.00	By	INTEREST INCOME	2,44,892.00
CHARITABLE EXPENSES:	III	40,559.00			
ADMINISTRATIVE EXPENSES:	IV	1,89,320.49			
REPAIRS AND MAINTENANCE:	V	1,29,094.00			
DEPREICAITON:	VI	18,540.18			
EXCESS OF EXPENDITURE OVER INCOME		16,598.33			
		<b>1,29,30,624.00</b>			<b>1,29,30,624.00</b>



  
**S. PREMCHAND, M.Com., FCA.**  
**CHARTERED ACCOUNTANT.**  
 M. No. : 024932  
 No: 2, Chirpavanier Street,  
 Thiruppalur, Cuddalore-607006.



**EfE Foundation**  
ELDERS FOR ELDERS FOUNDATION

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